Child Performance regulation guidelines

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|  | **AGE 0-4** | **AGE 5-8** | **AGE 9 & OVER** |
| **Maximum number of hours at place of performance or rehearsal (Reg.22)** | **5 hours** | **8 hours** | **9.5 hours** |
| **Earliest and latest permitted times at place of performance or rehearsal (Reg.21)** | **7am to 10pm** | **7am to 11pm** | **7am to 11pm** |
| **Maximum period of continuous performance or rehearsal (Reg.22)** | **30 minutes** | **2.5 hours** | **2.5 hours** |
| **Maximum total hours of performance or rehearsal (Reg.22)** | **2 hours** | **3 hours** | **5 hours** |
| **Minimum intervals for meals and rest (Reg.23)** | **Any breaks must be for a minimum of 15 minutes. If at the place of performance or rehearsal for more than 4 hours, breaks must include at least one 45 minute meal break.** | **If present at the place of performance or rehearsal for more than 4 hours but less than 8 hours, they must have one meal break of 45 minutes and at least one break of 15 minutes. If present at the place of performance or rehearsal for 8 hours or more, they must have the breaks stated above plus another break of 15 minutes.** | **If present at the place of performance or rehearsal for more than 4 hours but less than 8 hours, they must have one meal break of 45 minutes and at least one break of 15 minutes**  **If present at the place of performance or rehearsal for 8 hours or more, they must have the breaks stated above plus another break of 15 minutes.** |
| **Education (Reg.13)** | **N/A** | **3 hours per day (maximum of 5 hours per day). 15 hours per week, taught only on school days. Minimum of 6 hours in a week if aggregating over 4 week period or less.** | **3 hours per day (maximum of 5 hours per day). 15 hours per week, taught only on school days. Minimum of 6 hours in a week if aggregating over 4 week period or less.** |
| **Minimum break between performances (Reg.23)** | **1 hour 30 minutes** | **1 hour 30 minutes** | **1 hour 30 minutes** |
| **Maximum consecutive days to take part in performance or rehearsal (Reg.26)** | **6 days** | **6 days** | **6 days** |
| \* The licensing authority may further restrict these permitted hours, breaks etc. and place additional conditions on the licence if this would be in the best interests of the individual child. | | | |